



Kingston Impact

Spring/Summer 2023

Overview

The spring/summer development program is intended to advance both basketball skills and overall understanding while providing a different experience for our competitive players. In addition, it is an opportunity for the coaches involved to try new ideas/concepts to develop their own learning and understanding.

Who is this for?

This program is targeted at female athletes who will be entering grades 9-12 (born in 2006-2009) in September 2023 that are currently participating in competitive level travel programs from the Kingston Impact or other regional club. It is for players actively seeking more opportunities to improve their abilities during the offseason.

Program

The program is broken into 2 components:

- Training sessions
- Tournament play

Training

- 15 x 2 hr sessions
- All sessions at St. Lawrence College (Kingston)
- Training sessions will be \$195
- Sessions will be Mon/Wed with some Sunday afternoons however due to conflicts with other groups using St. Lawrence, these sessions will NOT be every Mon/Wed.
- Starts May 10th and will run until July 5th
- Coaching will be provided by current Kingston Impact and Regional Club coaches with guest coaches.

Tournaments

For those interested and available the Kingston Impact will be sending teams to represent our region to 3 events in June and early July.

Our proposed schedule:

- Either June 3-4 OR June 10-11 in the Syracuse NY area.
- July 1-2 SLAM Challenge in Montreal
- July 6-7 Thousand Islands (Watertown NY)

For each event, we will try to divide players into groups of similar abilities/ages and attend events that fit the overall ability of each team.

The SLAM Challenge in Montreal is considered the top female tournament of the summer in Canada. For this event, we will be choosing the players that we feel can have the best success at this tournament. We are hoping to send 2 teams to this event, likely a 15U team and a 17U team.

For the other tournaments, depending on availability of players, the ages and ability, there may be 2 or 3 teams formed.

Players will only be asked to pay for the events that they participate in. However, any player that does participate in an event will be expected to pay an additional \$90 - \$120 per event. These fees will be announced once we know the number of players interested and tournament fees are finalized.

This fee will include the tournament fee + use of Kingston Impact uniforms/equipment and cover some of the coaches travel costs. Player travel costs and additional insurance are not included (see below).

Not everyone participating will be attending all events. Some players may not be able to attend due to conflicts, others may be asked to attend different events to allow for more players to participate in the program.

We will only travel with at most 11 players per team per tournament but 10 is the preferred number.

We want to ensure that all who travel with the team will receive significant playing time. It is my experience that with any more than 11, it can be difficult to do that in the US based tournaments where the games go by quicker than typical OBA games.

For every game, participation will be near equal – this means all players will get similar time through the first 3 quarters of each game. Playing time in the final quarter will depend on individual performances, matchups, and score.

Note on insurance

For trips to the USA, players may need to buy extra insurance.

For those that have travel insurance through your employer, you do not need to pay for additional insurance. If your child is not covered by other means, we can get additional coverage through the OBA but there is an additional charge of \$12.00 per weekend for the player.

Players must have travel insurance to participate in any US tournament. If you need it, let us know and we will arrange.

Payment

As this is not a Kingston Impact run program payment will be made to "**Jason Reynolds**" (**not Kingston Impact**).

The preference is for all fees to be e-transferred to, easternelite@hotmail.com but we also will accept cash.

Due to lack of resources within the club, our agreement with the Kingston Impact is that the organizer will be responsible for handling of all funds.

These fees are mostly used to cover our basic costs. Coaches are not receiving payment for their time.

Unfortunately, you will have to trust me! If it is an issue, please let me know and we can discuss.

Coaches

The coaches have yet to be confirmed.

Contact Information

If you have any questions, concerns, please contact:

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